**Bitesize resources:**

**New Quality Framework bitesize:**

* **Session 1:** [**https://www.youtube.com/watch?v=VTrlxPSlyUs&t=1s**](https://www.youtube.com/watch?v=VTrlxPSlyUs&t=1s)  
  The ELC Improvement Team have produced a bitesize session to introduce the new quality framework.  This session is the first in a series which will support you in using the framework  to it's full potential.  The aim of this session is to introduce the new quality framework for Early Learning and Childcare inspections.
* **Session 2:** <https://www.youtube.com/watch?v=18s3kZIeW_0&t=1s>  
  The ELC Improvement Team have produced a series of  bitesize sessions to introduce the new quality framework. In this second session we focus on how to use evaluative language and best practice guidance to  complete your self evaluation.

[Self Evaluation for Improvement - Your Guide](https://www.careinspectorate.com/images/Self_evaluation_for_improvement_-_your_guide.pdf)

**Quality Improvement Bitesize:**

We have updated our introductory to quality improvement methodology bitesize sessions.

There are four in this series which aim to  introduce and support you in applying quality improvement methodology within your own service. These sessions are designed to be viewed consecutively, with short activities to support you in making sustained improvements within your service.

* **Week 1 - Identifying a quality issue:** [**https://www.youtube.com/watch?v=jmzpT07HMyA**](https://www.youtube.com/watch?v=jmzpT07HMyA)

[Identifying an area - word doc.](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%201/1%20-%20Identifying%20an%20area.docx" \o "1 - Identifying an area.docx" \t "_blank)

* **Week 2 -Measurement and setting your aim: https://www.youtube.com/watch?v=txVhtZcSg9A**

[Testing your idea example](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%202/2%20-%20Testing%20your%20idea%20example.docx)  
[Testing your idea](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%202/2%20-%20Testing%20your%20idea.docx" \o "2 - Testing your idea.docx" \t "_blank)

* **Week 3 - PDSA:**[**https://www.youtube.com/watch?v=leau6vJLBGs**](https://www.youtube.com/watch?v=leau6vJLBGs)

[Change ideas doc.](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%203/3%20-%20Change%20ideas.docx)  
[Change planning example sheet](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%203/3%20-%20Change%20planning%20sheet%20example.docx)  
[Change planning sheet](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%203/3%20-%20Change%20planning%20sheet.docx)  
[Model for Improvement](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%203/Model%20for%20Improvement.docx)

* **Week 4 - Implementing and sustaining quality improvement:** [**https://www.youtube.com/watch?v=L6cEasdXLZs&embeds\_referring\_euri=https%3A%2F%2Fhub.careinspectorate.com%2Fumbraco&source\_ve\_path=Mjg2NjY&feature=emb\_logo**](https://www.youtube.com/watch?v=L6cEasdXLZs&embeds_referring_euri=https%3A%2F%2Fhub.careinspectorate.com%2Fumbraco&source_ve_path=Mjg2NjY&feature=emb_logo)

[PDSA Cycle doc.](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/External%20Self-evaluation%20sessions/Improvement%20methodology/QI%20bite%20size%204/4%20-%20PDSA%20cycle.docx" \o "PDSA" \t "_blank)

**Personal Planning Bitesize:**

We have recorded a short bite size session to support the guidance which was released in November.  Links to the this and supporting guidance can be found below.

[**https://www.youtube.com/watch?v=3daul9VHA9o**](https://www.youtube.com/watch?v=3daul9VHA9o)

[Personal Planning document](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/Personal%20Planning/Personal%20planning%20document.docx)[Helpful links to other websites](https://careinspectoratecloud.sharepoint.com/sites/ImprovementSupportTeam/IST%20Documents/Operations/ELC1/Bite%20sized%20sessions/Personal%20Planning/Useful%20link%20word%20document.docx)

**Quick Wins Bitesize:**

We have developed a series of 5 bite sized sessions on quick wins.  These aim to help you make easy to implement improvements that will have a positive impact.  The changes can be delivered quickly, with minimal effort.  We will release one session a week and you can chose the ones that will be helpful to you.  The sessions are:

Medication  
Safe recruitment  
Scottish Social Services Council Registration  
Notifications  
Quality assurance calendars

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* **Week 1 - Medication:**<https://www.youtube.com/watch?v=3FIzzxxTmJM>
* **Week 2 - Safe Recruitment**<https://www.youtube.com/watch?v=v28Lwz9M8Hg>

[Safer Recruitment Through Better Recruitment  
Scottish Social Services Council Codes of Practice](https://hub.careinspectorate.com/resources/safer-recruitment-through-better-recruitment/)

* **Week 3 - Scottish Social Services Council  Registration:**<https://www.youtube.com/watch?v=h5Jl17dUitw&embeds_referring_euri=https%3A%2F%2Fhub.careinspectorate.com%2Fumbraco&source_ve_path=Mjg2NjY&feature=emb_logo>

[Scottish Social Services Council Codes of Practice](https://www.sssc.uk.com/the-scottish-social-services-council/sssc-codes-of-practice/)  
[MySSSC log in](https://www.sssc.uk.com/signin/)  
[Scottish Social Services Council registration](https://www.sssc.uk.com/registration/)

* **Week 4 – Notifications**<https://www.youtube.com/watch?v=tQ6gGIDtMzc>

[Care Inspectorate eforms](https://eforms.careinspectorate.com/)

* **Week 5 - Quality Assurance Calendars**<https://www.youtube.com/watch?v=HAQhwMEiWzQ>