

Paper arm bands

Innovative paper armband can help care staff detect malnutrition in older people



The PaperWeight Armband works by measuring the circumference of a person's bare upper arm. If it can slide up and down the arm easily, and measures less than 23.5cm, it is likely that Body Mass Index (BMI) is less than 20 kg/m², which indicates a high risk of malnutrition.

For more information log on to <http://www.ageuk.org.uk/salford/paperweight/>