

Adult
and
Health



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Autism

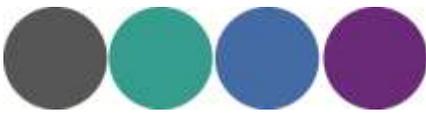
[Independent guide to 'quality care for autistic people' published](#)

A guide to 'quality care for autistic people' has been published by the National Autistic Taskforce. The guide is designed to provide an independent reflection of what constitutes good quality care and support across the UK for autistic people, both children and adults. The guide covers all care settings and identifies 10 key elements of quality care, emphasising the importance of promoting autonomy and self-determination. The Taskforce is wholly run and managed by autistic people and is funded through an open grant from The Shirley Foundation.

Health

[NES publishes five-year strategy](#)

NHS Education for Scotland (NES) has published its strategy for 2019 – 2024. According to the strategy, NES wants to create and support: a high-quality learning and employment environment; national infrastructure to improve attraction, recruitment, training and retention; education and training for a skilled, adaptable and compassionate workforce; a national digital platform, analysis, intelligence and modelling; NES as a high-performing organisation.



Mental Health

[Gerard Gahagan appointed Implementation Lead for Neurological Action Plan](#)

Gerard Gahagan has been announced as Implementation Lead for the Scottish Government's National Neurological Action Plan, the ALLIANCE has reported. Mr Gahagan, appointed ahead of publication of the final version of the National Neurological Action Plan, is Head of Epilepsy Services at the William Quarrier Scottish Epilepsy Centre and acting Chair of the Neurological Alliance of Scotland.

Self-directed Support

[Scottish Government publishes SDS implementation reports](#)

A range of documents on the implementation of Self-directed support (SDS) have been published by the Scottish Government. In November 2017, a consortium of Blake Stevenson Ltd, Rocket Science and the York Health Economics Consortium was commissioned to conduct a study of the implementation of SDS to contribute to and help to shape ongoing national monitoring and evaluation.

- [Report 1: The SDS Change Map](#) is intended to capture the required changes for the effective delivery of social care within the context of SDS, consisting of three tiers: overall vision; four key outcomes; and intermediate outcomes that need to be in place to achieve the four key outcomes and overall vision.
- [Report 2: Evidence Assessment for Self-directed Support](#) sets out the findings of: an international literature review; an assessment of current data and other evidence in Scotland on SDS; and material from case studies.
- [Report 3: Self-directed Support Case Studies](#) - presents the findings from 13 case studies of SDS in Scotland in 2018.
- [Report 4: Summary of Study Findings and Implications](#) - summarises the research detailed in the above reports.

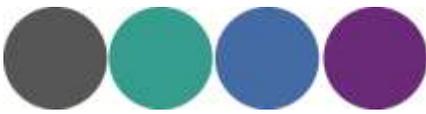
[Resources for Self-directed Support Option 2](#)

Resources to help make Self-directed Support (SDS) Option 2 “a reality” have been published by Providers & Personalisation (P&P). The resources include A Definition for Option 2, A Model Contract for Option 2 and A Minimum Process for Option 2. P&P, hosted by CCPS Scotland, developed the resources in collaboration with a group of providers, local authorities and others.

Social Work

[Iriss Insight looks at rural social work in Scotland](#)

The latest Iriss Insight looks at the context around rural social work and approaches that can be used to help social workers living and working in rural Scotland. Key points include: rural social work lacks academic interest, research and a strong literature base in Scotland; particular social work skills and knowledge are required to meet the needs of rural communities; and practice should build on the assets of



the rural community, address issues of disadvantage and be based on generalist and ecological styles of practice.

Other

[Call for basic income for care leavers](#)

The charity Aberlour is calling for young people leaving care to be targeted as part of basic income trials, to ensure financial security for those who are eligible for throughcare and aftercare support but choose to move on from their care placements into independent living. Chief Executive SallyAnn Kelly said there is a need to be “radical” to improve support for care leavers and suggested: “As corporate parents we should be the bank of mum and dad for our young people”.

[Food Standards Scotland launches allergy alert service](#)

An alert service has been set up by Food Standards Scotland to help people stay up to date with issues relating to their food allergy or intolerance. The free food allergy alert service gives the option to receive specific emails or text messages about issues involving any of the 14 ingredients which must be mentioned as allergens on food and drink packaging in the UK.

Disclaimer

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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