



Adult
and
Health



[Alcohol and Drugs](#)

[Alzheimer's/Dementia](#)

[Care Homes/Care at Home](#)

[Health](#)

[Mental Health](#)

[Older People](#)

[Other Health & Social Care](#)

[Other](#)

Alcohol and Drugs

[Cocaine injecting and homelessness create 'perfect HIV storm' in Glasgow, say researchers](#)

A rise in cocaine injecting and homelessness has brought a significant rise in HIV rates among drug users in Glasgow, according to a seven-year study. Academics at Glasgow Caledonian University suggest that increased injecting and homelessness were key factors in producing “a perfect HIV storm” that has seen a 10-fold increase in the prevalence of HIV infection in the population of people who inject drugs in Glasgow. Speaking to the [Scotland on Sunday](#), Senior Research Fellow Dr Andrew McAuley has called for safe drug consumption rooms to be set up in the city centre.

Alzheimer's/Dementia

[Sensors being developed to support people with dementia to stay at home](#)

Small sensors are being developed to support people with dementia to stay safe and independent in their own home, the BBC reports. Researchers at the new Care Research and Technology Centre, based at Imperial College London, are developing sensors which can pick up changes in behaviour and activity. The devices can be worn and placed around the home to monitor heart rate, blood pressure, and brain and sleep activity, alerting doctors or nurses at an early stage if there are any potential problems.



[Five-minute iPad test to help identify early signs of dementia trialled](#)

A five-minute iPad test that can identify early signs of dementia is being trialled by an NHS trust in England, The Times reports. People undertaking the test, developed by international healthcare tech company Cognativity, are shown 100 photos and have to decide whether or not there is an animal in the picture. The Integrated Cognitive Assessment tests visual processing to give a patient a score at the end based on their speed and accuracy.

[Blood pressure drug shows promise for treating dementia](#)

A drug prescribed to treat high blood pressure has shown promise against a number of conditions, including forms of dementia, a study has found. The research, carried out by the UK Dementia Research Institute and the Cambridge Institute for Medical Research, found that hypertension drug felodipine was effective at reducing the build-up of harmful proteins in mice and “may be a candidate for re-purposing”.

Care Homes/Care at Home

[Service to offer round-the-clock ‘alternative’ to care homes](#)

A service offering a round-the-clock “alternative” to care homes is the subject of an article in The Scotsman. Kairos Home Health, operated by Pamoja Beyond Homecare, will provide adults with health and social care needs with a carer who lives alongside them in their own home. Married couple Gavin and Louis Stedman-Bryce hope to create 100 jobs across Scotland through the service, operating from offices in East Lothian and Glasgow.

[Parliamentary event on pharmaceutical care in care homes](#)

A parliamentary event on the role of pharmaceutical care in care homes is to be hosted by the Royal Pharmaceutical Society (RPS) on 24 April. The event, taking place in Committee Room 3 at 6pm, is to raise awareness of forthcoming recommendations to support residents and care staff. Previous work by RPS in this area can be viewed [here](#).

Health

[Report highlights policy options for tackling resistance to antibiotics](#)

A policy brief offering options for tackling antimicrobial resistance (AMR) has been published by European Observatory on Health Systems and Policies. The report highlights examples of effective policies implemented by EU member states and suggests evidence to support policy-makers in taking action regarding AMR.

[Updated online medicine guidance for pharmacy owners](#)

Updated guidance for pharmacy owners to help make sure that people can only obtain medicines from online pharmacies that are safe and clinically appropriate for them has been published by the General Pharmaceutical Council. The guidance has



been strengthened in response to feedback from the sector and patients suggesting there is a need for further safeguards to protect people getting medicines online.

[Spotting the early signs of sepsis](#)

The Scottish Government has launched a campaign to raise awareness of the early signs of sepsis. The five early signs are a very high or low temperature, uncontrolled shivering, confusion, passing less urine than normal and blotchy or cold hands and feet. The first sepsis awareness campaign launched in February 2018 and the new campaign aims to build on this while increasing public knowledge of the early warning signs.

[Inspection highlights healthcare progress at Perth Prison](#)

An inspection report has highlighted progress in healthcare provision at Perth Prison. The HM Inspectorate of Prisons for Scotland (HMIPS) inspection came after a poor report last year. Following a return visit, HMIPS highlighted the “considerable time and resource” invested in improvements but suggested there was still “much to do”.

[New public health e-learning tools launched \(England\)](#)

Health Protection Scotland has highlighted a series of new e-learning tools to boost health and care professionals’ knowledge and skills. Launched by Public Health England, the tools are available on a range of public health topics, explaining why each issue is a public health priority and providing practical advice on how professionals can address these through different skills, techniques and approaches.

Mental Health

[BBC highlights restraint concerns at Carseview Centre](#)

The BBC has highlighted a leaked report on Carseview Centre and suggested “untrained staff were carrying out risky restraints on patients and that the number of restraints was high” at the mental health unit. The internal report follows a BBC documentary last year which broadcast allegations of bullying and unnecessary restraint at the Centre.

[Mental health videos for deaf people launched](#)

A series of videos to help to breakdown the stigma of mental health issues and encourage deaf people to talk to others has been launched. The British Sign Language (BSL) videos were launched by Deafscotland in partnership with Deaf Links, ITV SignPost, See Me and the ALLIANCE.

Older People

[Event to explore opportunities and challenges of ageing population on 23 May](#)

An event to explore the opportunities and challenges of an ageing population and workforce will take place in Glasgow on 23 May. The inaugural EngAGE Conference,



Scotland's Festival of Ageing, is being hosted by The Herald and GenAnalytics in association with The Scottish Government. The event will explore and identify what actions Scotland needs to take to become "the most Age Friendly nation in Europe".

Other Health and Social Care

[Care Inspectorate Statistical Summary Report for Quarter 4 of 2018/19](#)

The Care Inspectorate Statistical Summary Report for Quarter 4 of 2018/19 has now been released. This presents data on the number of registered care services, new registrations and cancellations, complaints about care services and quality theme grades all by care service type and or service sector. This is updated on a quarterly basis.

[Social care projects receive funding to support collaboration](#)

Six social care projects receiving funding to help them collaborate more effectively have been announced. The £100,000 Building Collaboration Fund and learning programme is managed by the Coalition of Care and Support Providers in Scotland (CCPS) in partnership with Inspiring Scotland and the Scottish Government.

[Carers encouraged to respond to national survey](#)

The Scottish Social Services Council (SSSC) is encouraging carers to take part in the State of Caring Survey, which closes on Friday 24 May. The survey is run by Carers UK and closes on 24 May.

[Report provides overview of 'courageous leadership' events](#)

A report providing an overview of recent events on 'courageous leadership' has been published. The events were run in partnership between the ALLIANCE's Health and Social Care Academy, the Scottish Social Services Council and the Coalition of Care and Support Providers in Scotland. The report provides an overview of three events: Exploring Courageous Leadership at Every Age, Unleashing Courageous Leadership at Every Age: Women in leadership, 100 years on and Why is courage important for health and social care?

[Iriss blog on cross sector collaboration across arts and social care](#)

A blog on cross sector collaboration across the arts and social care has been published by Iriss. Iriss Project Manager Josie Vallely provides an overview of a recent event in Dundee, highlighting a number of cross-sector projects and the key things to consider when planning successful collaboration.

[Study into recruitment and retention in social care and ELC – surveys launched](#)

A study looking at recruitment and retention challenges in the social care and early learning and childcare (ELC) sectors has been commissioned by the Scottish Government and COSLA, the ALLIANCE has highlighted. The study, to be conducted by ekosgen, will take the form of extensive fieldwork and a series of



online surveys. Surveys for [employers](#) and [employees](#) have been launched and highlighted by the Scottish Social Services Council, with both closing on 17 May.

[Self Management Week 2019 to take place in October](#)

Self Management Week 2019 will take place between 7 - 11 October. The annual event is designed to raise awareness of and showcase the benefits of self management. The ALLIANCE has set out ways to get involved and made campaign materials available.

[Self Management Fund open for applications](#)

The Self Management Fund: Working Together to Strengthen Integration is now open for applications, the ALLIANCE has announced. Over 10 years, the Fund has supported over 150,000 people living with long term conditions and their unpaid carers. The Fund will distribute £1m to third sector projects which build capacity of people with long term conditions and their carers to take the lead in their care.

[Framework and handbook to support strength-based approach \(England\)](#)

A framework and handbook to support social workers and social care professionals in applying a strengths-based approach has been launched by the UK Government. The handbook introduces a practice framework “based on a five quadrant model promoted as a set of practice triggers or prompts bought to action through knowledge, values, experiential learning, theories and skills - KcVETS”.

Other

[Project to support recognition of qualifications from overseas to be expanded](#)

A project to formally recognising and accrediting the skills and qualifications of people from overseas is to be expanded through Scottish Government funding, the First Minister has announced. The initiative, being delivered by Glasgow Caledonian University, will support employers by helping migrants transfer training gained in other countries into UK-recognised qualifications across key sectors, including social care. The scheme has already helped 40 migrants and refugees, with a further 40 people expected to take part in 2019/20. The lessons learned from the project will be studied to see if it can be rolled out across Scotland in due course.



Disclaimer

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

It should also be noted that the Care Inspectorate has no liability in respect of the content of external websites which may be signposted on this site.