

Adult  
and  
Health



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### **Alzheimer's/Dementia**

#### [Dementia Awareness Week continues until 9 June](#)

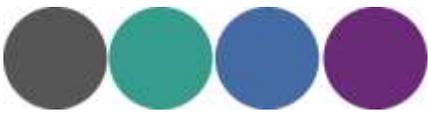
Dementia Awareness Week continues until 9 June. Alzheimer Scotland has highlighted a range of research, stories and local events to mark the week.

#### [Edinburgh scientists receive funding for Alzheimer's research](#)

Researchers at the University of Edinburgh have been awarded funding to investigate nerve damage caused by Alzheimer's disease. Prof Tara Spires-Jones and Dr Szu-Han Wang will focus on a protein within microscopic connection points between nerve cells in the brain which increases when people get Alzheimer's. They will investigate whether targeting that protein could limit the damage.

#### [Findings from study into dementia in former footballers](#)

The findings of the largest study to date of the pathology of dementia in former footballers and rugby players have been published. A study published in Acta Neuropathologica was led by the University of Glasgow in collaboration with the University of Pennsylvania. The researchers found that while a pathology associated with brain injury might be common in former athletes with dementia, in many cases its clinical significance remains uncertain.



### [Edinburgh adopts new protocol to help trace those with dementia](#)

A new protocol to help the police searching for people with dementia has been adopted in Edinburgh. The Herbert Protocol, launched by the Police and Edinburgh Health and Social Care Partnership, is a comprehensive form for those who have a loved one or a caring responsibility for someone with dementia, which can assist officers with their inquiries should that person go missing.

### [Report maps out Scottish dementia research impact and ambitions](#)

A report mapping out Scottish dementia research over the past five years has been published. The Scottish Dementia Research Consortium report sets out what is currently known and describes future ambitions within each of the key areas of research including: Diagnosis; Fundamental science; Living with dementia; Prevention and the work of the Scottish Dementia Informatics Partnership.

### [Dementia Nurse Consultants report 2015-20 published](#)

Alzheimer Scotland has published its Dementia Nurse Consultants report 2015-20. The report provides an evidence-based picture of hospital care for people with dementia and their families in Scotland, highlights the impact of the Nurse Consultants since the last report in 2015, and sets out key national priorities and actions for the next two years.

### [Emergency services sign dementia pledge](#)

Scotland's emergency services have collectively signed a dementia pledge to support people living with dementia and their families. The Alzheimer Scotland Centre for Policy and Practice joined with the Scottish Fire and Rescue Service, Police Scotland, the Scottish Ambulance Service and Alzheimer Scotland in 2017 to form the Dementia and Emergency Services Collaborative. They have now signed a 2025 pledge to build on the initial agreement through a range of commitments.

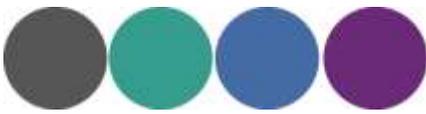
## **Care Homes/Care at Home**

### [Care at home and housing support charities receive workforce qualification funding](#)

Charities providing care at home and housing support are to receive grants totalling more than £1.2m to help social service workers gain qualifications, the Scottish Social Services Council (SSSC) has announced. The Voluntary Sector Development Fund will be allocated to 80 charities to support nearly 1200 workers to gain the qualifications they need to register with the SSSC, Care Appointments reports.

### [New communication tools for care homes for older people and care at home services](#)

New communication tools for care homes for older people and care at home services have been produced by the Care Inspectorate in partnership with Healthcare Improvement Scotland. The tools support managers and carers to gather and pass on information to medical support teams, particularly during out of hours, when the person you are with needs urgent care. We have produced forms



for managers and carers that follow the situation - background – assessment - recommendation process and will help you capture the information call handlers and clinical staff need to establish the support they can provide. We have also produced good practice guides managers and carers.

### [Care Home Celebration Day - 17 July](#)

Scottish Care is organising the first Care Home Celebration Day in Scotland, taking place on 17 July. Scottish Care is looking for care home services and partners to support the day, which will mainly take the form of an online, awareness raising event.

## **Health**

### [Annual flu report published by Public Health England](#)

Public Health England has published its annual flu report. According to the report, Influenza A(H1N1)pdm09 was the main strain circulating during the 2018 - 2019 season, with Influenza A(H3N2) circulating later in the season. Although low-to-moderate levels of flu activity were seen in the community, the impact on secondary care in terms of hospitalisations and ICU admissions was high. The report shows that the flu vaccine offered to those eligible for immunisation reduced the likelihood of visiting the GP with flu symptoms by approximately 44% during the season.

### [Report sets out views of GPs on future of landscape](#)

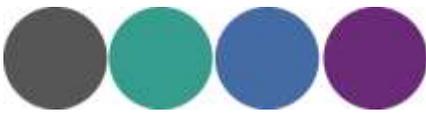
A report setting out the views of GPs on the future landscape of general practice in Scotland has been published by the Royal College of General Practitioners (RCGP). From the Frontline draws on feedback from GPs across Scotland and their thoughts and experiences within the profession. Issues explored in the report include the need to move away from hospital-based care and the importance of a joined-up, community based approach.

### [Review into gross negligence manslaughter and culpable homicide law published](#)

An independent review into how the law on gross negligence manslaughter and culpable homicide are applied to medical practice has published its findings. The review was commissioned by the General Medical Council following the death Jack Adcock and the prosecution and conviction of Dr Hadiza Bawa-Garba for gross negligence manslaughter. A [specific report](#) by the Task and Finish Group on context of the healthcare system in Scotland and Scottish law relating to culpable homicide has been published alongside the main review.

### [Public Health Scotland Shadow Chair appointed](#)

Professor Jim McGoldrick has been confirmed as Shadow Chair of Public Health Scotland. The appointment is made in advance of the formal establishment of Public Health Scotland in April 2020.



## **Mental Health**

### [Royal College of Psychiatrists calls for updated antidepressant withdrawal guidance](#)

People coming off antidepressants too quickly need more help and support, according to the Royal College of Psychiatrists (RCPsych). Among a range of recommendations, RCPsych said new clinical guidelines should reflect the full range of people's experiences in relation to antidepressants and withdrawal.

### [Mental health and suicide prevention animations launched](#)

Online animations to help support improved mental health and prevent suicide have been launched by NHS Health Scotland and NHS Education Scotland. The animations provide practical advice to staff in all sectors on how to support people who may be feeling suicidal or experiencing mental distress.

### [Women facing domestic abuse more likely to develop mental illness, study finds](#)

Women experiencing domestic abuse are almost three times more likely to develop mental illness, according to academics at the University of Birmingham. The study, published in the British Journal of Psychiatry, found that not only was there a higher chance of developing mental illness after experiencing domestic abuse, but those with mental illness were more likely to go on to experience further domestic abuse.

## **Older People**

### [Figures on emergency admissions resulting from a fall](#)

New figures on emergency admissions resulting from a fall have been published by ISD Scotland. According to the figures, 6 out of every 10 falls resulting in hospital admission during 2017/18 occurred in the 65 and over age group. The rate of falls in those aged 65 and over in the quarter October to December 2018 was 5.8 per 1,000 population.

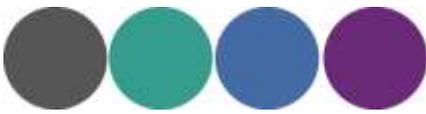
## **Workforce**

### [SSSC publishes papers on understanding workforce movements and training](#)

Two new papers on understanding workforce movements and training in the sector have been published by the Scottish Social Services Council (SSSC). One report seeks to improve understanding of the flow of workers between different parts of the sector and what this indicates about the career paths people take. The other explores education and training in the sector to improve understanding of social service career pathways.

### [New research on post qualifying learning in social work](#)

New research on post qualifying learning in social work has been published by the Scottish Social Services Council (SSSC). The research was commissioned as part of work to support a recommendation in the National Health and Social Care Workforce



Plan. The research, undertaken by social research consultants Craigforth, recommends several actions which the Social Work Framework for Practice Working Group will consider as it develops proposals for a professional framework for practice in social care and social work.

### [SSSC provides clarity on registration of apprentices](#)

The Scottish Social Services Council (SSSC) has moved to address confusion about whether apprentices need to register. Apprentices are employees as they earn while they learn so that means if they work in a role that requires SSSC registration they must register for that role. This is a separate registration from the apprenticeship registration. SSSC registration is required even if the apprentice is an extra member of staff and considered a trainee.

### **Other**

### [Day centre closures will ensure more personalised care, says Borders Council](#)

The closure of day centres in the Scottish Borders will help older people “maintain their life within the community and give them back a sense of life”, according to Council Leader Shona Haslam. The BBC reports that the closure of centres across the region is hoped to deliver savings of more than £300,000. Ms Haslam said all those affected would be moved to a personalised package of care and that no centre would be shut until those involved were happy with the alternative service offered.

### [NES campaign encourages use of technology to manage care](#)

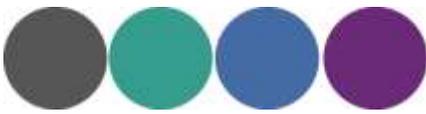
A campaign encouraging people to make use of everyday technology to control and manage their own health, care and wellbeing has been launched by NHS Education for Scotland (NES). The campaign centres on two animated resources looking at how two different people use technology to improve the way they experience health and care.

### [First survey as part of research into social care preparedness for no-deal Brexit](#)

A survey on possible clinical consumables in the event of a ‘no-deal’ Brexit has been launched as part of research into resilience arrangements for social care providers. The Scottish Government has commissioned Scottish Care to research the social care sector’s preparedness, levels of contingency planning and resilience factors in relation to a no-deal exit from the EU. The survey, the first of three, focuses on what strategies providers have considered to address possible shortages of clinical consumables should they become scarce, are late to arrive or if there is a failure in the supply chain. The survey will be open until 21 June.

### [New Bill to protect women and girls at risk from FGM](#)

A new Bill designed to ensure enhanced protection for women and girls at risk from Female Genital Mutilation (FGM) has been introduced by the Scottish Government. The Female Genital Mutilation (Protection and Guidance) (Scotland) Bill would introduce Protection Orders designed to safeguard women and children who might



find themselves under pressure to undergo FGM, and will also see statutory guidance issued for professionals and agencies working in this area.

### [Iriss Insight explores social pedagogy](#)

Social pedagogy and its relevance for Scottish social welfare is the subject of the latest Iriss Insight. The Insight explores the definition of social pedagogy, its history and its application in practice.

### [Call for continued focus on independent living in the wake of abuse revelations](#)

The recent revelations of abuse at institutions in England have highlighted the importance of independent living and care in the community, according to ENABLE Scotland's Jan Savage. Writing in The Herald, Ms Savage said the policy direction in Scotland is "on the right track" but calls on all parties to ensure those being cared for away from their own area are supported to "come home".

### [CQC commissions independent review into regulation of Whorlton Hall \(England\)](#)

The Care Quality Commission (CQC) has commissioned David Noble QSO to undertake an independent review into how it dealt with concerns raised by Barry Stanley-Wilkinson in relation to the regulation of Whorlton Hall. The review will focus in particular on concerns raised about the draft report prepared in 2015, and how they were addressed through CQC's internal processes. The CQC is also commissioning a wider review of its regulation of Whorlton Hall between 2015 and 2019, which will include recommendations for how its regulation of similar services can be improved, in the context of a raised level of risk of abuse and harm.

### [CQC shares lessons for better medicines optimisation \(England\)](#)

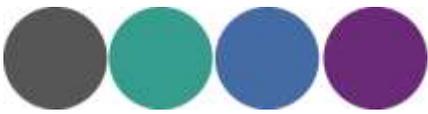
A report providing lessons for better medicines optimisation across health and social care providers has been published by the Care Quality Commission (CQC). The report is designed to share learning and good practice following qualitative and quantitative analysis of a large number of inspection reports, enforcement notices and notifications between 2015 and 2018.

#### **Disclaimer**

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).



We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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