



# Adult<sup>and</sup> Health



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## Alcohol and Drugs

### [First study from the Minimum Unit Pricing evaluation](#)

NHS Health Scotland has published a Compliance (licensing) study as the first study from the Minimum Unit Pricing (MUP) evaluation. The study reportedly shows that compliance is high amongst licenses premises in Scotland, and that inspection and enforcement practitioners did not report any known increase in illegal and unlicensed alcohol activity related to the introduction of MUP.



## **Alzheimer's/Dementia**

### [Funding concerns for future of dementia dog project](#)

The Dementia Dog Project, which provides specially-trained dogs to help dementia patients, could close unless it secures new funding. Run by Alzheimer Scotland and Dogs for Good, the dogs are trained for two years to provide practical help to people with dementia such as opening doors and fetching medication. They can also provide companionship and help maintain social connections. After initial funding from the Design Council of London, the project secured a further three years of support from the Life Changes Trust. However, the BBC reports that the Trust cannot provide long-term funding. If no new financial support is forthcoming, couples who have been paired with dogs will be able to keep them, but there will be no new pairings.

### [Welsh review of dementia care \(Wales\)](#)

Care Inspectorate Wales has announced that they will carry out a thematic review of dementia care in care homes, evaluating how well care homes across Wales promote well-being and achieve good outcomes for people living with dementia. Of particular focus will be the application of the Deprivation of Liberty Safeguards, the use of antipsychotic medication and the care and support provided through the Welsh language.

## **Care Homes/Care at Home**

### [Formal improvement notice served to care home](#)

The Care Inspectorate has served a formal Improvement Notice on Meadowvale Care Home following an inspection which raised serious concerns. Three areas which require urgent improvement are listed in the notice, including ensuring that residents experience care and support that meets their needs and is right for them, ensuring that at all times there are sufficient numbers of suitably qualified and competent staff working in and deployed across the service, and ensuring that residents consistently receive sufficient care and support to prevent skin damage and to minimise the risk of development of pressure ulcers.

### [Helping All Persons To Flourish: Interdisciplinary and creative practices in care homes – 12 September](#)

A conference on interdisciplinary and creative practices in care homes will be held in Edinburgh on 12 September. Titled 'Helping all persons to flourish', the event is suitable for stakeholders interested in care home policy, strategy, management and leadership, practice development and quality improvement, education and practice. A number of topics will be explored including transgenerational engagement, therapeutic effectiveness and advances in technology.



## **Disability**

### [Analysis of National Performance Framework indicators through lens of disability](#)

An analysis of the National Performance Framework (NPF) outcome indicators from the perspective of disability has been published by the Scottish Government. The report builds on a baseline Wellbeing Report, considering the revised NPF through the lens of disability. The report includes analysis against the outcome for children and young people: We grow up loved, safe and respected so that we realise our full potential.

## **Justice**

### [MSPs to gather evidence on next year's budget for justice portfolio](#)

The Scottish Parliament's Justice Committee is seeking views on what should be included in the Scottish Government's draft justice budget for 2020/21. This year, the Committee has agreed to focus on views relating to budgets for prisons and prison-related health, education, employment and throughcare programmes as part of its scrutiny. The Committee also wants to hear views on third and voluntary sector funding in the criminal justice sector. A number of specific issues have been published for anyone submitting evidence to consider, including:

- Budgets provided to the public, third and voluntary sectors for health, education, employment, through-care, family-contact, rehabilitation/re-offending, in-cell technology and other services provided to prisoners.
- Longer-term challenges and financial requirements to tackle issues such as staffing levels in prisons, over-crowding, drug use, safety and security of staff and prisoners, the use of the open estate and an ageing prison population.
- Views on how to achieve a rebalancing over the longer-term in expenditure on prisons and that of community-based alternatives to incarceration and preventative spend, including the challenges of provision in remote or rural areas.

The call for written views will close on 27 September 2019.

### [Informing the development of trauma-informed approaches](#)

The Centre for Youth & Criminal Justice (CYCJ), Barnardo's Scotland and the University of Strathclyde are supporting the move towards a trauma-informed workforce, with the publication of a body of work aimed at documenting and improving understanding of the trauma, bereavement and loss needs of vulnerable young people and adults caught up in the justice and other systems, or who are at risk of becoming so. Summary findings have been published in 'Trauma, Bereavement and Loss: Key learning and messages from research and practice' which draws out the key messages and themes from five research papers in order to inform the development of trauma-informed approaches more widely.



## **Learning Disability**

### [Scotland's Learning Disability Survey launched](#)

A new survey has been launched to give people with learning disabilities the chance to have their say about their own lives, the ALLIANCE reports. The survey, run by the Scottish Commission for Learning Disability in partnership with a range of other organisations, covers topics including family and friends, how people with learning disabilities spend their time, life satisfaction and questions about where they live. It has been launched to produce up to date information on how people with learning disabilities rate their overall wellbeing and how different factors impact on it.

## **Mental Health**

### [Listening to the experiences of people using adult mental health services \(England\)](#)

The National Institute for Health and Care Excellence (NICE) has published a blog by Kathryn Mason, Head of Hospital Inspection (mental health) for the English regulator the Care Quality Commission (CQC), discussing the work CQC is undertaking to improve the quality and safety of mental health services. As well as discussing the feedback from people who use adult mental health services collected by the CQC, the blog highlights the updated NICE quality standard on service user experience in NHS adult mental health services and how it can be used to highlight the key areas where improvement is needed.

## **Other Health and Social Care**

### [Next phase of consultation on NMC strategic priorities](#)

The Nursing and Midwifery Council has opened a consultation on its strategic themes for 2020 to 2025. The regulator is seeking views on a number of potential priority areas of work that sit within the following strategic themes: dynamic approach to shaping practice; relationships with the public and professions; using and sharing research, data and intelligence; and closer collaboration. Everyone is invited to provide feedback on the proposals and from October, the NMC will be developing its final strategy ready for Council approval in March 2020 followed by implementation from April.

### [Annual conference report published](#)

The ALLIANCE has published its annual conference report for its Impact: the third health and social care integration event. The event focused on the implementation of integration and featured contributions from Health Secretary Jeane Freeman and Chief Social Work Office, Iona Colvin, which are covered in the conference report. The report reviews each of the event's zones, including Innovation, Relationships, Human Rights, Resilience, Active, Communication, Self Management, Future of Care and Music and Arts.



### [Scottish Government plan to eliminate hepatitis C](#)

The Scottish Government has committed to increase the number of people treated for hepatitis C to at least 2,500 this year, rising to 3,000 annually from 2020-21. Public Health Minister Joe FitzPatrick said increasing treatment would allow NHS Scotland to effectively eliminate hepatitis C by 2024 – six years ahead of a global target set by the World Health Organisation (WHO). Health Protection Scotland and the Scottish Government's Treatment and Therapies Group has determined that having no more than 5,000 people infected with hepatitis C, and limiting new annual presentations of hepatitis C related serious disease and death to single figures, would meet the WHO targets in the Scottish context.

### [Joint inspection report on East Dunbartonshire HSCP](#)

The Care Inspectorate and Healthcare Improvement Scotland have published a joint inspection report on strategic planning of health and social care services in East Dunbartonshire. The report suggests planning by the Health and Social Care Partnership is improving but identifies five key areas for improvement in planning services, measuring performance, working with stakeholders and developing sustainable long-term financial plans. In the report, inspectors said: "We concluded that there was clear evidence the partnership was progressing integration across health and social care settings and a positive culture of collaborative leadership was developing. We were confident that the partnership had the capacity to make further progress. Our confidence in its ability to do so was tempered by the scale of transformation required and the very challenging financial context."

### [Draft fire safety guidance for people living in supported domestic accommodation](#)

New draft guidance published by the Scottish Government provides practical fire safety advice designed to protect people who are vulnerable to the risk of fire and live at home in supported domestic accommodation. The need for such guidance was highlighted by the Review of the Scottish Fire Safety Regime and agreed by the Ministerial Working Group, established by the Scottish Government immediately after the Grenfell Tower tragedy in 2017. The Review noted a lack of guidance for specialised housing in Scotland and concluded that person-centred guidance should be produced to meet the needs of all individuals that may need additional help in terms of fire safety. There has been a significant fall in the number of fires and related deaths and injuries in domestic premises over the last 20 years in Scotland but a disproportionate number involve older people and others with recognisable "contributory factors", including physical, cognitive and mental health issues.

### [Reminder that emollient cream build-up in fabric can lead to fire deaths](#)

The Medicines and Healthcare Products Regulatory Agency (MHRA) is recommending that labelling and product information for emollient products should include a warning that residue can build up on fabrics, such as clothing or bedding, and cause them to catch fire more easily, with clear advice not to smoke or go near naked flames and information about the risk of severe burn injury or death when clothing, bedding and dressings with emollients dried on them are accidentally ignited.



## **Disclaimer**

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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