

Shared Lives in Scotland

Annual Report Executive Summary



Part of the family

"Hi, my name is Kym, and I've been supported by Cornerstone's Shared Lives Service for 12 years. I live with my carer Bill in Paisley and volunteer at a local charity shop.

"Bill is a great support for me, as I can go to him when I need help with anything. Sometimes we go shopping together and he helps me with taking me to get my hair done. Soon I'm off to Brugge in Belgium for a few days with Bill's daughter, Susan. I'm so excited and can't wait!

"I love going to music concerts. My favourite artist is country singer Kenny Chesney. He's never been to Scotland before, so I keep hoping he will come one day so I can go see him in concert. Bill isn't a fan of my music, so he just chauffeurs me. I'd be lost without Bill and his family, as they look after me in a way that makes me feel like I'm part of their family."



Key messages

- 13% increase in the numbers of people using Shared Lives over the 12 months to 31 March 2018: 435 now, up from 380.
- The number of older people supported within Shared Lives has more than doubled to 200, up from 93
- 15 Shared Lives schemes in Scotland with 321 people working as Shared Lives carers in Scotland, a 14% increase.
- Savings of £3.9m to the public purse last year.
- If every partnership matched the work in Fife then there would be over 1,000 people supported in Scotland with annual savings to the public purse of over £12.1m.
- 72% of schemes receive a rating of Very Good or Excellent from the Care Inspectorate, and none received a rating lower than Good.
- Glasgow City Council started a new Shared Lives scheme and five more partnerships are considering the same.

Shared Lives is when someone who needs support to live an enjoyable life visits or moves in with, someone else who has room in their heart and home.

It is a cost effective and highly personalised alternative to residential and other forms of care. It offers people needing support a model of social care that is based on relationships and sharing family and community life. It enables health and social care partnerships to offer highly fruitful outcomes for the people involved.



“I am really pleased to be part of Shared Lives Plus and to promote the value and use of this highly personalised care for people. It is rare that very personalised services can be both excellent in quality and highly competitive financially, and we see significant savings made over more traditional forms of residential care. I hope that we can spread this message about Shared Lives much more widely and that we can, by working together, see significant growth during these next 12 months.”

Jane Mackie, Health and Social Care Moray.



Successes and vision

The year to 31 March 2018 was a successful one for Shared Lives schemes in Scotland. The number of people supported grew by 13%, Glasgow City Council commissioned a new scheme and five other health and social care partnerships showed significant interest. Aberdeenshire Health and SocialCare Partnership Shared Lives was shortlisted once again for the Scottish Social Services Awards.

Shared Lives is still a small proportion of the social care provision in Scotland, and our purpose is to support greater growth, diversification, and the development of new schemes. Specifically, we aim to double the number of people receiving care and support within Shared Lives in the next five years.

Our goal is to change the face of care, support, and inclusion for thousands of people with long-term support needs.

Ben Hall, Development Manager, Scotland

Quality and safety



Shared Lives schemes continue to receive higher grades from the Care Inspectorate. 26% of schemes received a rating of 6, or Excellent, for their quality. Nearly half received a 5, or Very Good, and the remaining 26% received a 4 or Good. No scheme was less than 4, Good.

Savings



Shared Lives in Scotland produced savings of around £3.9m to the public purse when compared to traditional forms of residential care. Its year on year growth demonstrates the raising level of awareness of its flexibility and effectiveness.

Impact of shared lives carers

321 people worked as Shared Lives carers in Scotland, an increase of 46 on the previous year. Their roles are as varied as ordinary family life, sometimes providing day support for someone living with dementia, sometimes sharing their home and family life when someone moves in with them.

“I know I’m doing a good job when I see the look on people’s face when I arrive to pick them up. Some have started thinking about what they’ll wear, since they’ve been coming out with me. Before, they’d lost sight of themselves,”

Shared Lives Moray carer

How people use shared lives support

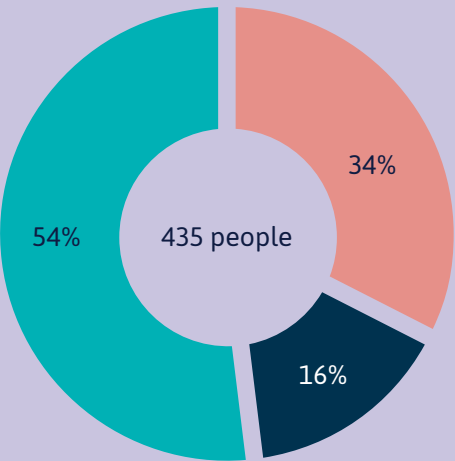
This year, of the 435 people using Shared Lives, 34% moved in with a Shared Lives carer (orange), 16% enjoy short breaks (dark blue), and 54% received day support (teal).

Why are people referred to shared lives?



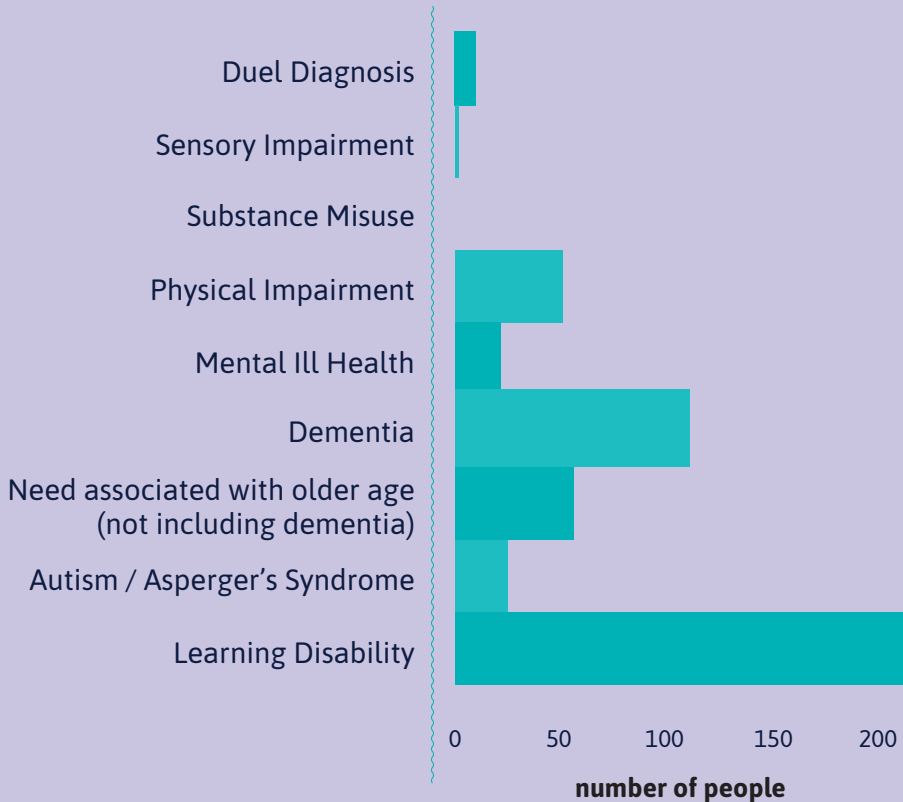
The largest proportion of people have a learning disability, who account for almost half of the people within Shared Lives. But people living with dementia now account for 25% of everyone using Shared Lives. This is an increase from 16% in one year, this reflects the growth in the use of day support within Shared Lives.

How people use shared lives



- Receive day support
- Enjoy short breaks
- Moved in with shared lives carer

Reasons for needing support



Our support for growing Shared Lives in your area

Our aim is to double the number of people enjoying Shared Lives in the next five years. We will support existing schemes to diversify and grow, and help set up new Shared Lives schemes.

Thanks to the investments made by Nesta with Big Lottery, The Robertson Trust, and RS MacDonald, we have created some of the infrastructure needed to support services to diversify and establish new Shared Lives schemes. These investments are coming to an end and we need new or continuing support to maintain the growth we have seen and to achieve our new goal.

We offer support for commissioners and service providers to help develop strategy, training, procedures and processes to develop new or existing Shared Lives schemes.

Shared Lives Champions Network

The Shared Lives Champions Network, chaired by Jane Mackie, Head of Community Care in Moray, exists to lead and actively promote Shared Lives at a strategic level across Scotland. They meet at least three times a year to support their shared goals, often with a focus on supporting older people and those with dementia.

Scotland Committee

The Scotland Committee, chaired by Shona Elvin of Cornerstone Shared Lives, is a network made up of Shared Lives Plus members who work in Shared Lives schemes or are Shared Lives carers. They meet four times a year to work together to develop good practice and new ideas.

If you would like support to develop a Shared Lives scheme or would like to join either of these two networks, please contact Ben Hall, Development Manager, **07392 313 501**, ben@sharedlivesplus.org.uk.

sharedlivesplus.org.uk
info@sharedlivesplus.org.uk
