



# Adult and Health



[Additional Support Needs](#)

[Alcohol and Drugs](#)

[Alzheimer's/Dementia](#)

[Care Homes/Care at Home](#)

[Health](#)

[Older People](#)

[Other Health & Social Care](#)

[Other](#)

## Additional Support Needs

### [Parents asked to share views to inform ASL review](#)

Parents of children with additional support needs are being asked to share their experiences as part of a review of the implementation of additional support for learning (ASL). The review, being led by Includem Chief Executive Angela Morgan, is considering current evidence and engaging with stakeholders to identify good practice and areas for further improvement in the ways that children and young people with additional support needs progress in their learning, including in early learning and childcare and special schools. Findings will be submitted to the Scottish Government and COSLA by the end of February 2020.

## Alcohol and Drugs

### [Study to look at impact of MUP on the homeless](#)

The BBC reports that Glasgow Caledonian University is to lead a study looking at the impact of alcohol minimum unit pricing (MUP) on the homeless, with the aim to inform decisions about MUP in Scotland and provide guidance for other countries planning to introduce the policy. Glasgow Caledonian University will also work with Stirling University, Heriot-Watt University, NHS Greater Glasgow and Clyde and The Homeless Network.



### [Impact of introducing MUP on household alcohol purchases](#)

A study has been published in the British Medical Journal (BMJ) on the 'Immediate impact of minimum unit pricing [MUP] on alcohol purchases in Scotland: controlled interrupted time series analysis for 2015-18', which assesses the immediate impact of the introduction of minimum unit pricing in Scotland on household alcohol purchases. The study examines purchase data from Kantar Worldpanel's household shopping panel for 2015-18 for Scottish households, English households for control, and norther England households for potential cross border effects, and looks at the price per gram of alcohol, number of grams of alcohol purchased from off-trade by households, and weekly household expenditure on alcohol. Conclusions for the study suggest that the introduction of minimum unit pricing appears to have been successful in reducing the amount of alcohol purchased by households in Scotland. The action was targeted, in that reductions of purchased alcohol only occurred in the households that bought the most alcohol.

### [Survey of e-cigarette use](#)

Action on Smoking and Health (ASH) has published a survey on e-cigarette use which suggests that there are now half as many vapers as smokers, as in 2019 there are reportedly an estimated 3.6 million people vaping compared to 7.2 million smokers in the UK in 2018. The main reason given for using e-cigarettes is helping users to quit smoking (31%), followed by preventing relapse back to smoking (20%).

## **Alzheimer's/Dementia**

### [Missing person app promoted on World Alzheimer's Day](#)

Alzheimer Scotland is using World Alzheimer's Day to promote its app to help find people with dementia if they go missing. The Purple Alert app supports a Police Scotland's National Persons Unit search, by sharing key information about the missing person at the point of crisis and alerts all users of an active local search. Alzheimer Scotland has had 10,000 downloads of the app ahead of World Alzheimer's Day on 21 September 2019.

### [Music played to people with dementia in A&E can be calming](#)

NHS Fife has carried out an eight week pilot, playing music to people with dementia who are patients in accident and emergency (A&E), the BBC reports. A total of 28 dementia patients displaying signs of stress and agitation were targeted in the trials, given an MP3 player loaded with songs from a variety of genres, as well as headphones or mini speakers, and the pilot concludes that the use of music distracts people's attention from stressful procedures, which in turn decreases anxiety and improves outcomes. The technique has now reportedly been introduced in post-theatre recovery and medicine of the elderly wards.

### [Digital Musical Map launches to highlight dementia-friendly musical activities](#)

Music for Dementia 2020 has launched a Musical Map to help people with dementia find music related events and services in their area. The organisation is calling on



practitioners and services to submit their details if they run any form of dementia-friendly music service or are aware of one in their area.

## **Care Homes/Care at Home**

### [Culture of care homes can determine if residents get outdoors](#)

The comments of Anna Johnson, senior project officer at Learning Through Landscapes, at the Residential and Home Care Show, on how care homes can struggle to get residents to go outside and how they can encourage use of gardens, are reported by carehome.co.uk. Ms Johnson reportedly said that the “primary driver of getting residents outside is the culture of the care in the home itself”, and suggests ensuring that residents can see the garden from chairs in the lounge, care homes have an open door policy so residents can go outside when they feel like it, and that care homes think about making entrances and exits inviting so residents want to use them.

## **Health**

### [Scottish Health Survey 2018](#)

The Scottish Government has published the 2018 edition of the Scottish Health Survey, which aims to provide reliable information on the health, and factors relating to health, of people living in Scotland that cannot be obtained from other sources. Amongst other evidence, the Survey reports that 71% of adults, in 2018, described their health as ‘good’ or ‘very good’, the lowest recorded since 2008. Other areas covered by the Survey include mental health and wellbeing, carers, alcohol, smoking, diet, physical activity, obesity, and respiratory issues such as asthma and chronic obstructive pulmonary disease (COPD).

## **Older People**

### [Falls Prevention Awareness Week \(23 – 29 September 2019\)](#)

Age Scotland is promoting Falls Prevention Awareness Week by sharing their top tips to help older people avoid, as best they can, falling and what everyone can try and do to maintain to increase strength and balance. These tips include which activities will help improve muscle strength in legs, arms, backs, shoulders and chests, a reminder to get regular sight and hearing tests, and check your home for tripping hazards.

### [Inspirational older people feature in new book](#)

Age UK highlights the publication of a new book, ‘Bolder: Life Lessons from People Older and Wiser Than You’, featuring interviews with 28 people over 70 years old where they share their life lessons, the book aims to change misconceptions about ageing.



## **Other Health and Social Care**

### [Joint inspection of strategic planning in Perth & Kinross](#)

The Care Inspectorate and Healthcare Improvement Scotland have published 'Joint Inspection (Adults): The effectiveness of strategic planning in Perth & Kinross Health and Social Care Partnership', looking at how well the partnership had improved performance in both health and social care; developed and implemented operational and strategic planning arrangements, and commissioning arrangements; and established the vision, values and aims across the partnership, and the leadership of strategy and direction. The inspection found that the Health and Social Care Partnership in Perth & Kinross continues to develop integrated health and social care services, but there are weaknesses in their use of performance information and leadership of strategic planning and commissioning.

### [Information required to make a fitness to practise referral](#)

The Scottish Social Services Council (SSSC) is highlighting the information they require when people make fitness to practise referrals about a registered worker. The more information people can provide, the quicker and easier it is for the SSSC to decide whether a matter meets their threshold for investigation, which in turn shortens the length of time it takes to investigate.

### [Resource outlining standards to help support autistic adults \(England\)](#)

The British Association of Social Workers has launched a Capabilities Statement for Social work with Autistic Adults which outlines expected practice standards for social workers so they can support autistic adults to live the lives they choose. The statement has been commissioned by the Department for Health and Social Care (DHSC) and developed by BASW alongside autistic adults, and the Capabilities Statement is framed by the Professional Capabilities Framework (PCF).

### [BASW survey to inform 2025 Vision](#)

The British Association of Social Workers (BASW) has launched a survey to inform its 2025 Vision. BASW is reviewing and refreshing its five-year 2020 vision ahead of the launch of the 2025 Vision in June 2020.

### [Webinar on registering with SSSC – 4 October 2019](#)

Scottish Care will host a webinar on registering with the Scottish Social Services Council (SSSC) on 4 October 2019. The guest speaker will be a Registration Team Leader from the SSSC and the presentation will include when to register and what this means for you, the value of registration, and your responsibilities as a registrant, as well as a live demonstration of the online platform MySSSC.



## Other

### [Voluntary organisations receive funding to support implementation of Carers Act](#)

Over 20 organisations have been awarded grants to support their role in implementing the Carers (Scotland) Act 2016, the Scottish Council of Voluntary Organisations has announced. This is Round 3 of the Carers Act Transformation Support fund, which is designed to develop local capacity through improvements to systems or technology, rather than delivering direct services or support.

### [Disclosure Scotland providing free Scotland Works for You training](#)

Disclosure Scotland has developed free employer training with Scotland Works for You partners Access to Industry and The Wise Group. The training, taking place in Edinburgh (24 October), Glasgow (14 November) and Stirling (10 December), is designed to provide employers with a structured approach to making defensible, risk-based decisions while ensuring fair opportunity is given to job applicants with past convictions. The partnership between the bodies is part of a commitment to supporting rehabilitation, including closer working with Police Scotland's Violence Reduction Unit and other partners in this area of work.

### [Upper age limit for education bursaries removed for care-experienced students](#)

The Scottish Government has announced that the upper age limit of 26 years old will be removed for a Care Experienced Bursary for education. Commencing in autumn 2020, any care-experienced student in further or higher education will be eligible for the annual bursary.

## **Disclaimer**

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.



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