

Adult
and
Health



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Alzheimer's/Dementia

[Dementia academic says Scotland could lead on treatment to prevent the disease](#)

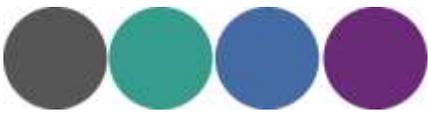
Scotland can be at the forefront of find a preventative treatment for dementia, according to the leader of the Scottish Dementia Research Consortium. Professor Craig Ritchie, Professor of Ageing at the University of Edinburgh, said a “vast amount of data” was being collected in Scotland and that, if picked up early enough, a drug could be developed that should “theoretically be able to intervene and cure the condition rather than in the advanced stages”. Professor Ritchie, speaking to The Herald as part of its new dementia campaign, also stressed the importance of non-pharmacological interventions in treating dementia.

[AHPs invited to join dementia WEBEX presentation](#)

Allied Health Professionals (AHPs) are invited to join a WEBEX presentation on the delivery of a person-centred, Food First model of care for people living with dementia in Highland social care settings. The event, taking place on 27 November, will be led by NHS Highland Dietician Evelyn Newman.

[Innovation Hub launched by Alzheimer's Society](#)

An Innovation Hub to share challenges experienced by people affected by dementia and potential solutions has been launched by the Alzheimer's Society. The Hub is designed to bring together



people with experience of dementia and innovators, with a view to finding solutions that can change lives.

Care Homes/Care at Home

[Umbrella body concerned at lack of provision for people with dementia in rural areas](#)

There is “a real struggle” to find care provision for people living with dementia on the islands and in rural areas, according to Scottish Care Chief Executive Donald Macaskill. Speaking to the Herald on Sunday as part of its dementia campaign, Dr Macaskill said care at home is “unsuitable” for people with advanced dementia and he is “profoundly concerned” that a lack of care provision in rural areas is putting vulnerable older people at risk.

[Latest trading performance review for care homes published](#)

Real estate consultant Knight Frank has published the latest edition of its trading performance review for care homes. The 2019 report highlights staffing as “the biggest challenge to operators, both in terms of cost and recruitment” and also suggests that regulatory requirements across the UK “are becoming more stringent and rightly so if the UK is to lead international standards of care”. Innovation and technology are highlighted as opportunities, while “lessons from Europe” are encouraged as care models adapt to future demand.

[Finalists of National Care Home Awards announced](#)

The finalists of the National Care Home Awards 2019 have been announced by Scottish Care. Winners across a range of categories will be announced at the awards ceremony on the evening of 15 November at the Hilton Hotel Glasgow.

[Summer update from Rights Made Real project](#)

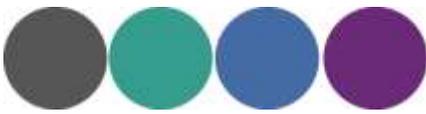
Scottish Care has issued an update on its project aiming to make human rights real for individuals living with dementia in care homes. The Rights Made Real update includes an outline of progress made during the summer, as well as preparations for an upcoming two-day learning and sharing event in Perth.

[Care operator being investigated over finances, Guardian reports](#)

Care home operator Advinia Group is being investigated over financial concerns, The Guardian reports. According to reports, the Care Quality Commission (CQC) has become increasingly concerned in recent months about the group’s cash flow and financial management, as well as a reported refusal to submit to an independent audit of its finances. Advinia has 3,250 beds and employs 4,500 staff in its 38 residential homes across England and Scotland.

[CQC provides line on Four Seasons Health Care developments](#)

The Care Quality Commission (CQC) has issued a short statement in relation to Four Seasons Health Care. The CQC highlighted its Market Oversight responsibility



to advise local authorities if it believes there will be likely service cessation as a result of likely business failure, adding that it does “not believe this to be the case at this time” in relation to Four Seasons and that it continues to monitor the situation.

End of Life/Palliative Care

[Figures on percentage of time at home or in community in last six months of life](#)

New figures on the percentage of time spent at home or in a community setting in the last six months of life have been published by ISD Scotland. According to the statistics, there were 52,436 deaths in Scotland (excluding those where an external cause of death was recorded) during 2018/19. For these individuals, 88.1% of their last six months of life was spent either at home or in a community setting, with the remaining 11.9% spent in hospital. Over the past nine years, the percentage of time spent at home or in a community setting has gradually increased from 85.3% in 2010/11.

Health

[First Minister opens new Health and Care Hub in Aberdeenshire](#)

A new Health and Care Hub in Aberdeenshire has been opened by the First Minister. The Inverurie Health and Care Hub will offer a range of services and accommodate an estimated 30,000 patients in its 38 consulting rooms.

[NMC launches new emotional support service for nurses and midwives](#)

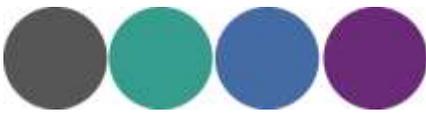
A new emotional support service for nursing and midwifery professionals involved in fitness to practise has been launched by the Nursing and Midwifery Council (NMC). Launched on Mental Health Day, the 12 month Careline pilot will offer emotional support to nurses and midwives available 24 hours a day, 365 days a year.

[New online system for overseas nurses and midwives applying to join register](#)

A new online system for nurses and midwives applying to join the NMC register from overseas has been launched. Applicants are now able to apply through an online system, rather than paper, along with a personal account to track their progress instantly. There will also be a redesigned guidance page on the NMC website, including easy read guidelines and a new pre-application checklist tool that can be shared with employers and recruiters.

[Case studies show actions to reduce health inequalities](#)

A series of case studies offering learning from actions taken to reduce health inequalities have been published by NHS Health Scotland. The topics covered, based on themes from NHS Health Scotland inequalities statements, include: allocating resources proportionate to need; training staff on reducing inequalities; effective partnership across sectors; employment processes; procurement and commissioning processes.



[Seasonal flu immunisation campaign launched](#)

This year's seasonal influenza immunisation campaign has been launched by the Scottish Government. Trust the Facts focuses on people with health conditions and children aged from two to five years of age.

[Review of action taken to ensure infection prevention and control following outbreak](#)

Health Protection Scotland (HPS) has been asked to undertake an external review of the actions taken by NHS Greater Glasgow and Clyde to ensure infection prevention and control. The review is part of a range of action announced by Health Secretary Jeane Freeman following outbreaks at the Royal Hospital for Children and Queen Elizabeth University Hospital. Ms Freeman has also announced that Professor Craig White will review the concerns of families affected their concerns, acting as a single point of contact, while the HPS review will also look at the board's data on healthcare-associated bloodstream infections.

Mental Health/Learning Disabilities

[Results from mental health and learning disability inpatient census](#)

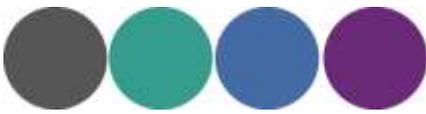
Results from the fifth Mental Health and Learning Disability Inpatient Census and Out of Scotland NHS Placements Census have been published by the Scottish Government. The Census is designed to provide an understanding of patients in mental health, addiction and learning disability beds who are funded by NHS Scotland at a point in time and for what reason.

[Updated good practice guide on the use of seclusion](#)

A good practice guide on the use of seclusion in caring for people with mental illness or learning disability has been published by the Mental Welfare Commission. According to the Commission, there were two reasons for updating the guidance: clarifying two main levels of seclusion (a locked room and where a person is prevented from leaving where the door is not necessarily locked) and a recommendation that every health board provides a policy on the use of seclusion, regardless of whether they say they use it or not.

[Call for pharmacists to play bigger role in mental health care](#)

New models of care should be explored to enable pharmacists to better support people with their mental health, according to the Royal Pharmaceutical Society in Scotland. At a roundtable on services to support people with their mental health, the Society argued that new models of care could see pharmacists play a more recognised role in relation to early interventions, monitoring and referrals to specialist services, and more formal follow-up care as part of a multidisciplinary team.



Older People

[Charities join together to offer free entry at Zoo and Wildlife Park for over 60s](#)

Age Scotland and the Royal Zoological Society of Scotland have joined together to offer free entry to Edinburgh Zoo and Highland Wildlife Park for over 60s. The partnership is part of the Share What You Love campaign and will encourage younger people to take an older person when they visit between 11 - 18 October.

[Study finds rise in number of older people on antidepressants in 20 years \(England and Wales\)](#)

The proportion of people aged over 65 on antidepressants has more than doubled in two decades in England and Wales, according to research led by the University of East Anglia. The findings are based on the Cognitive Function and Ageing Studies, conducted between 1991 and 1993, and between 2008 and 2011. Despite a rise in antidepressant use, there was little change in the number of older people diagnosed with depression.

Support Services

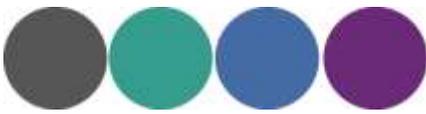
[New quality framework for support services \(not care at home\)](#)

A new quality framework for support services (not care at home) has been published by the Care Inspectorate. Since 1 April last year, we have been rolling out a revised methodology for inspecting care and support services, building on approaches we have introduced in the past three years: an emphasis on experiences and outcomes; proportionate approaches in services that perform well; shorter inspection reports; and a focus on supporting improvement in quality. The revised methodology and quality framework reflect Scotland's new Health and Social Care Standards, helping us answer key questions about the difference that care is making to people and the quality and effectiveness of the elements that contribute to those differences. The framework supports services to evaluate their own performance.

Other Health and Social Care

[Report on effectiveness of strategic planning in the East Renfrewshire HSCP](#)

The planning of health and social care services across East Renfrewshire is improving, inspectors have said. A joint inspection which focused on the strategic planning of health and social care services in the East Renfrewshire Health and Social Care Partnership (HSCP) was carried out by a team of inspectors from Healthcare Improvement Scotland and the Care Inspectorate between April and June 2019. Inspectors evaluated three quality indicators as 'good'. These were the partnership's performance; strategic planning and commissioning; and leadership and direction. The report identifies five areas for further development including planning; meaningfully involving stakeholders; and ensuring effective operational leadership and management capacity to fully implement strategies and plans.



[Updated principles, standards and code of best practice for independent advocacy](#)

The Scottish Independent Advocacy Alliance (SIAA) has updated its principles, standards and code of best practice. The document is designed to ensure that “independent advocacy is being delivered consistently and is of the highest possible standard”.

[Health and social care integration network issues statement of intent](#)

A Statement of Intent has been published by a network bringing health and social care partnerships together to learn and work together. Health and Social Care Scotland, which represents 31 health and social care partnerships in Scotland, has set out its aims and “five essential elements” to drive collaboration.

[Events continue across Self Management Week](#)

Self Management Week 2019 is taking place across 7 – 11 October. The campaign this year is celebrating ten years of the Self Management Fund. The ALLIANCE has published a programme of events taking place across the week. Iriss has highlighted a number of [resources](#) to mark the event.

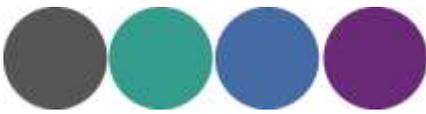
Other

[Scottish Government sets out preparations for no deal Brexit](#)

The Scottish Government has published an overview of its preparations for a ‘no deal’ Brexit. The document sets out the potential impacts of no deal and a range of planned and potential actions in response, including close work with social care providers to help with contingency planning.

[JRF reports on poverty in Scotland](#)

A report on the impact governments have had on poverty in the last 20 years has been published by the Joseph Rowntree Foundation (JRF). The report suggests that poverty is rising in Scotland and explores some of the tools the Scottish Government has at its disposal to make progress, with a particular focus on housing policy.



Disclaimer

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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