




Adult and Health



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COVID-19 - General

[Travel restrictions](#)

The Scottish Government's Cabinet Secretary for Transport, Infrastructure and Connectivity, Michael Matheson, has announced to the Scottish Parliament that international travellers arriving directly in Scotland will be required to enter managed isolation from Monday 15 February, regardless of place of departure. Most international travellers will enter quarantine in managed facilities with some limited exceptions, many of whom will need to self-isolate at home or in their own accommodation and only leave for essential work.

[UK travel restrictions](#)

The UK Government's Secretary of State for Health and Social Care, Matt Hancock, has announced new measures to protect against the new variants of COVID-19 by enhancing contact tracing, surge testing and greater protections at the border. Those travelling for exceptional purposes will be subject to a specific compliance regime, with a negative test result 72 hours before travelling to the UK, and a new system of quarantine packages for £1,750 to pay for ten days hotel quarantine, transport and testing.



[Latest COVID-19 statistics](#)

Public Health Scotland has published its weekly data on COVID-19. By 7 February 2021, 866,823 individuals received their first dose of COVID-19 vaccination and there have been 186,720 confirmed COVID-19 cases. In the week ending 7 February 2021, there were 5,659 confirmed COVID-19 cases, with 672 admissions to hospital with confirmed COVID-19 and 68 new patients were treated in intensive care.

[Update on Scottish Coronavirus Acts](#)

The Scottish Government has published the fifth report on the status and operation of the provisions under the Scottish Coronavirus Acts and the provisions of the UK Act for which the Scottish Parliament gave legislative consent.

Alcohol and Drugs

[Chair of drugs taskforce to face questions from ALLIANCE](#)

The ALLIANCE will hold a live interview with Professor Catriona Matheson, Chair of the Drug Deaths Taskforce, on 22 February.

Learning Disabilities

[Impact of COVID-19 on people with learning/intellectual disabilities](#)

The Scottish Learning Disabilities Observatory have published statistics on the mortality rate for people with learning/intellectual disabilities in Scotland during the COVID-19 pandemic. The statistics reportedly show that people with learning/intellectual disabilities in Scotland are three times more likely to die from COVID-19.


Other Health and Social Care

[Committee report on future of social care](#)

The Scottish Parliament's Health and Sport Committee has published a report on the future of social care and support in Scotland. The Committee had initially launched its social care inquiry in 2019 and, after putting its work on hold during the initial stages of the COVID-19 outbreak, agreed to continue and adapt its scrutiny to include lessons learned from the pandemic.

The Committee:

- calls for a national conversation on the future of social care, describing the current “crisis driven, reactive” model of social care as “unsustainable” and calling for more to be done to shift the focus to a preventative model which involves local communities in future planning of services
- suggests the problems faced by the care sector have been compounded by the COVID-19 pandemic

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- expresses concern over the lack of value placed on social care and social care staff, in comparison to NHS staff, and emphasises the ongoing difficulty the sector faces in attracting and retaining staff, citing a lack of training and development opportunities, alongside low pay, as key reasons for this
 - highlights the “continued lack of progress” on health and social care integration
 - recommends the Scottish Government seek alternative models of commissioning and procurement with the current ones described as “counter-intuitive”.

[NHS Scotland chief to answer ALLIANCE questions](#)

Chief Executive of NHS Scotland and Director General for Health and Social Care, Caroline Lamb, is taking part in a future ALLIANCE live interview. The interview will be streamed on 26 February.

[Report highlights social care experiences of people with learning disabilities](#)

A new report by the Fraser of Allander Institute explores the experiences of people with learning difficulties who use adult social care services. The report, highlighted by the ALLIANCE, emphasised the importance of independent living, improving self-directed support and protecting access to non-statutory services. The report highlights the relative success of moving support away from hospital and institutional care into community-based care.

[SSSC responds to adult social care review](#)

The Scottish Social Services Council (SSSC) has welcomed the publication of the Independent Review of Adult Social Care in Scotland, and states they are looking forward to working closely with the Scottish Government and partners on the detail of the recommendations and developing the implementation plan.

[COSLA responds to adult social care review](#)

COSLA have agreed with the Independent Review of Adult Social Care in Scotland that the lived experience of those who rely on social care should be embedded within the system and that social care should move to a more person centred approach, recognising the value of not for profit provision, and carried out by a workforce that is valued. However, they also express concerns on the recommendations on future governance and accountability.

[Welsh Government consults on social care system \(Wales\)](#)

The Welsh Government has opened a consultation on improving social care arrangements and partnership working. A white paper published for consultation reviews the way care and support is arranged and provided, looks at shifting the focus of commissioning towards outcomes and social value, and strengthens regional integration. The consultation is open until 6 April 2021.



Other

[Care Inspectorate Digital Portal coming soon](#)

The Care Inspectorate is developing a new online portal for care services and providers. The portal will feature the ability to view service information, download registration certificates and make changes to contact details. The change will mean that a new communication system will be used to send emails from the portal.

[Review of evidence on preventing youth violence](#)

The Scottish Violence Reduction Unit in collaboration with Justice Analytical Services has published 'What Works to Prevent Youth Violence: A Summary of the Evidence', focusing on primary prevention through interventions that target key risk factors for violence perpetration and experiences for young people aged between ten and 29 years old. The review draws together international evidence of what is known about what works to prevent youth violence.

[Shared understanding of how providers can innovate well \(England\)](#)

The Care Quality Commission, NHS Accelerated Access Collaborative, Health Education England, National Association of Primary Care, The National Care Forum, National Institute for Health and Care Excellence (NICE), NHSX and Social Care Institute for Excellence (SCIE) have published 'Enabling innovation and adoption in health and social care: Developing a shared view', setting out their shared understanding of what providers need to do to innovate well and how regulators and other national bodies can support them to do this. Six principles that are crucial for providers to be more effective at innovating are:

- develop and deploy innovations with the people that will use them
- develop a culture where innovation can happen
- support your people
- adopt the best ideas and share your learning
- focus on outcomes and impact
- be flexible when managing change



Disclaimer

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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