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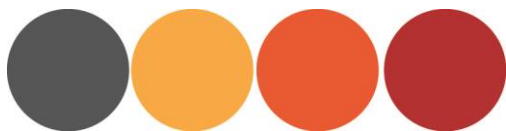
**COVID-19 - General**

[Travel restrictions](#)

The Scottish Government's Cabinet Secretary for Transport, Infrastructure and Connectivity, Michael Matheson, has announced to the Scottish Parliament that international travellers arriving directly in Scotland will be required to enter managed isolation from Monday 15 February, regardless of place of departure. Most international travellers will enter quarantine in managed facilities with some limited exceptions, many of whom will need to self-isolate at home or in their own accommodation and only leave for essential work.

[UK travel restrictions](#)

The UK Government's Secretary of State for Health and Social Care, Matt Hancock, has announced new measures to protect against the new variants of COVID-19 by enhancing contact tracing, surge testing and greater protections at the border. Those travelling for exceptional purposes will be subject to a specific compliance regime, with a negative test result 72 hours before travelling to the UK, and a new system of quarantine packages for £1,750 to pay for ten days hotel quarantine, transport and testing.



### [Latest COVID-19 statistics](#)

Public Health Scotland has published its weekly data on COVID-19. By 7 February 2021, 866,823 individuals received their first dose of COVID-19 vaccination and there have been 186,720 confirmed COVID-19 cases. In the week ending 7 February 2021, there were 5,659 confirmed COVID-19 cases, with 672 admissions to hospital with confirmed COVID-19 and 68 new patients were treated in intensive care.

### [Update on Scottish Coronavirus Acts](#)

The Scottish Government has published the fifth report on the status and operation of the provisions under the Scottish Coronavirus Acts and the provisions of the UK Act for which the Scottish Parliament gave legislative consent.

### **Early Learning and Childcare**

#### [Blog on Finnish experience of school age childcare services](#)

The Scottish Out of School Care Network has published a blog by Chief Executive, Irene Audin, which looks at how school age childcare services operate in Finland. Noting the recent snowfall, the blog highlights that low temperatures do not stop essential services for children in Finland. The blog also looks at how education and school age childcare services continue to support children during the pandemic and beyond.

#### [Report on gendered economic impact of pandemic](#)

The UK Parliament's Women and Equalities Committee has published a report on the economic impact of COVID-19 on women. The report states women have been most affected due to existing gendered economic inequalities, the over-representation of women in certain types of work and some actions taken by the Government. Among the recommendations is a call for a review of childcare provision to provide support for working parents and those who are job seeking or retraining.

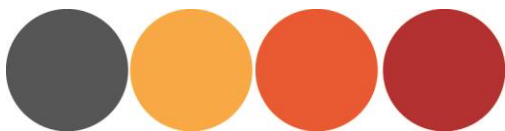
#### [Grants to support childminding businesses](#)

The Scottish Government has announced that all registered childminders in Scotland will receive a grant of £750 in order to secure the sustainability of their businesses. Funding of more than £3.2 million has been made available to ensure that all childminders registered with the Care Inspectorate will receive the flat-rate payment.

### **Justice**

#### [Call for secure schools to replace secure places of detention \(England and Wales\)](#)

The UK Parliament's Justice Committee has published a report into the youth secure estate and resettlement, which calls for improvements in the treatment and



conditions of detention of children in England and Wales and a guarantee from the UK Government to implement, by 2022, a plan to build secure schools to house detained children and young people, rather than hold them in the current secure places of detention. The report welcomes the reduction in the number of children and young people being held in custody, but regrets the reported high levels of violence on the estate and is concerned about difference in the practice of separation in different institutions.

### [Submissions invited to develop standards for a Barnahus model](#)

Healthcare Improvement Scotland's Standards and Indicators team and the Care Inspectorate are inviting submissions from organisations for four interconnected pieces of work as part of the development of standards for a Barnahus model in Scotland. The Barnahus model (also referred to as Child's House) exists to serve the best interests of all children who have been exposed to various types of abuse and crime and ensure they receive appropriate assessment, treatment and support. Organisations are invited to tender for pieces of work for:

- an engagement toolkit to support participation from children and young people in the standards development process
- an engagement exercise with children, young people and families who have experienced or witnessed harm or abuse, or with experience of the court system, to get input on the standards document
- an evaluation of best practice on models which support children and young people who have experienced or witnessed abuse
- a literature review of current research and best practice

## **Learning Disabilities**

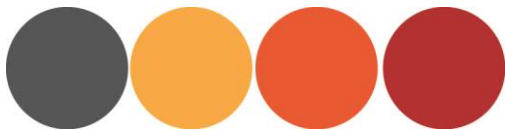
### [Impact of COVID-19 on people with learning/intellectual disabilities](#)

The Scottish Learning Disabilities Observatory have published statistics on the mortality rate for people with learning/intellectual disabilities in Scotland during the COVID-19 pandemic. The statistics reportedly show that people with learning/intellectual disabilities in Scotland are three times more likely to die from COVID-19.

## **Mental Health**

### [New research project on benefits of live music](#)

Children in Scotland is collaborating with Scottish Ensemble, the University of Stirling and the Scottish Government to carry out research on the impact of live music experiences on the mental health and wellbeing of children and young people. Children in Scotland's advisory group, Changing our World, will also take part to ensure the voices of young people are heard throughout the research project.



## Other Health and Social Care

### [Committee report on future of social care](#)

The Scottish Parliament's Health and Sport Committee has published a report on the future of social care and support in Scotland. The Committee had initially launched its social care inquiry in 2019 and, after putting its work on hold during the initial stages of the COVID-19 outbreak, agreed to continue and adapt its scrutiny to include lessons learned from the pandemic.

The Committee:

- calls for a national conversation on the future of social care, describing the current “crisis driven, reactive” model of social care as “unsustainable” and calling for more to be done to shift the focus to a preventative model which involves local communities in future planning of services
- suggests the problems faced by the care sector have been compounded by the COVID-19 pandemic
- expresses concern over the lack of value placed on social care and social care staff, in comparison to NHS staff, and emphasises the ongoing difficulty the sector faces in attracting and retaining staff, citing a lack of training and development opportunities, alongside low pay, as key reasons for this
- highlights the “continued lack of progress” on health and social care integration
- recommends the Scottish Government seek alternative models of commissioning and procurement with the current ones described as “counter-intuitive”.

### [Review of evidence on preventing youth violence](#)

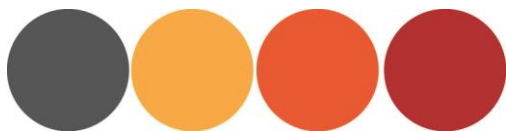
The Scottish Violence Reduction Unit in collaboration with Justice Analytical Services has published ‘What Works to Prevent Youth Violence: A Summary of the Evidence’, focusing on primary prevention through interventions that target key risk factors for violence perpetration and experiences for young people aged between ten and 29 years old. The review draws together international evidence of what is known about what works to prevent youth violence.

### [NHS Scotland chief to answer ALLIANCE questions](#)

Chief Executive of NHS Scotland and Director General for Health and Social Care, Caroline Lamb, is taking part in a future ALLIANCE live interview. The interview will be streamed on 26 February.

### [Shared understanding of how providers can innovate well \(England\)](#)

The Care Quality Commission, NHS Accelerated Access Collaborative, Health Education England, National Association of Primary Care, The National Care Forum, National Institute for Health and Care Excellence (NICE), NHSX and Social Care Institute for Excellence (SCIE) have published ‘Enabling innovation and adoption in health and social care: Developing a shared view’, setting out their shared



understanding of what providers need to do to innovate well and how regulators and other national bodies can support them to do this. Six principles that are crucial for providers to be more effective at innovating are:

- develop and deploy innovations with the people that will use them
- develop a culture where innovation can happen
- support your people
- adopt the best ideas and share your learning
- focus on outcomes and impact
- be flexible when managing change

## Other

### [Care Inspectorate Digital Portal coming soon](#)

The Care Inspectorate is developing a new online portal for care services and providers. The portal will feature the ability to view service information, download registration certificates and make changes to contact details. The change will mean that a new communication system will be used to send emails from the portal.

### **Disclaimer**

This weekly bulletin is produced as an update on the key issues concerning children and young people.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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