




# Adult and Health



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## Covid-19 - General

### [Where we are now on Covid-19](#)

The Scottish Parliament Information Centre (SPICe) has published a blog 'Covid-19 where are we now?' providing an update on the situation in Scotland, which monitoring is still taking place and relevant policy developments.

## Care Homes/Care at Home

### [Consultation on our staffing method framework for care homes for adults](#)

The Care Inspectorate are consulting on the latest draft of our staffing method framework for care homes for adults. Since 2022, we have been developing a staffing method framework for care homes for adults, including testing an initial draft with 15 care homes, and want to know what you think about the latest draft of the framework.



## Justice

### [Report into experiences of repeat violence in Scotland](#)

A report presenting findings from qualitative research study which explored peoples' experiences of repeat, interpersonal violence. The research involved in-depth interviews with people who have lived experience of repeat violence and community stakeholders who support them, has been published by the Scottish Government. Findings reportedly show that there are three groups of lived experience of repeat violence, namely unsettled lives, mutual violence, and intermittent victimisation.

## Mental Health

### [Link between mental health and gambling harms](#)

The Health and Social Care Alliance Scotland (the ALLIANCE), has published a report together with Scotland Reducing Gambling Harm on their roundtable event on 'Identifying problems and proposing solutions: exploring the link between mental health and gambling harms'. The event brought together people with lived experience, those who work in addressing and reducing gambling harms and those who work across mental health to discuss challenges and propose solutions to take forward as a collaborative. Six key themes were highlighted including difficulties accessing treatment and support, limited data, need for a collective voice, role of activism, impact of stigma, and the wider context.

## Older People

### [Campaign to encourage older people to be active](#)

Age UK has launched a series of videos entitled 'Freedom To Move', to encourage people with long-term conditions to try simple exercises at home, as part of the 'We Are Undefeatable' campaign.

## Other Health and Social Care

### [Statistics on people receiving free personal care](#)

The Scottish Government has published statistics on the number of people aged 18 and over that benefit from Free Personal Care (FPC) and Free Nursing Care (FNC) in Scotland, and the amount that Local Authorities spend on personal care services. Amongst other data, on 31 March 2023 there were 31,420 long-stay residents aged 18 and over supported in care homes, and approximately 35% of adult care home residents received FPC and/or FPC payments in the last week of 2022-23.

### [Analysis of consultation on changes to regulation of independent health care](#)

An analysis of the of responses to the Scottish Government's consultation on Amendments to the Regulation of Independent Health Care. The majority of responses believe that further regulation of independent healthcare services is required, including that pharmacists and pharmacy technicians which are not



provided from a registered pharmacy or under the terms of an NHS contract should be regulated by Healthcare Improvement Scotland.

## **Other**

### [Programme for Government 2023 to 2024](#)

The First Minister Humza Yousuf has today made a statement to the Scottish Parliament on the Programme for Government for 2023-24. The three National Missions identified in the Programme for Government are: Equality: Tackling poverty and protecting people from harm, Opportunity: Building a fair, green and growing economy, Community: Delivering efficient and effective public services. Amongst other announcements, the Scottish Government are [committing](#) to increasing pay for social care staff in the private, voluntary and independent sectors in direct care roles at least £12 an hour.

### [New Director for Public Health Scotland](#)

Public Health Scotland has announced that Ruth Glassborow has joined Public as the new Director of Place and Wellbeing. Ms Glassborow previously led work at Scottish Government providing leadership for a range of programmes focused on delivering sustained improvements across dementia and mental health services.

**Disclaimer**

This weekly bulletin is produced as an update on the key issues concerning adults and health.

Each item in the bulletin has a hyperlinked headline that will take the reader to the original source.

We collate items from our parliamentary and Scottish Government monitoring covering health and social care news from throughout the UK, and current research and policy development. We use a variety of sources for the bulletin, including alerts from [Newsdirect](#), [Community Care](#), [Children & Young People Now](#) and [ISD Scotland](#).

We aim to be representative rather than comprehensive, so we try to cover only the main Scottish stories, along with some stories from the rest of the UK. The purpose of the bulletin is to alert readers to items of interest. It should be noted that these items are the works of others and are neither authorised nor endorsed by the Care Inspectorate, with the exception of publications which are identified as Care Inspectorate publications.

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