

**Focus on Dementia: Reducing Stress and Distress Improvement Programme**  
**Participating Care Homes by cohort**

| <b>Cohort 1</b>   | <b>Cohort 2</b>                                       |
|---|---|
| <b>Care Home</b>  | <b>Care Home</b>                                      |
| Isobel Fraser Home, Inverness (Highland)                        | Buccleuch Care Centre, Hawick (Borders)               |
| Crannog Care Home, Glasgow (Greater Glasgow and Clyde)          | Auchtermairnie Care Home, Leven (Fife)                |
| Strachan House, Edinburgh (Lothian)                             | Abbotsford Nursing Home, Methill (Fife)               |
| Tyneholm Stables, Pencaitland (Lothian)                         | Leven Beach Care Home (Fife)                          |
| Aaron House, Penicuik (Lothian)                                 | Persley Castle Nursing Home, Aberdeen (Grampian)      |
| Cramond Residence, Cramond (Lothian)                            | Ythanvale Care Home, Ellon (Grampian)                 |
|   | Hamnavoe House, Stornoway (Orkney)                    |
|   | Smiddybrae House, Dounby (Orkney)                     |
| <b>Cohort 3</b>   | <b>Cohort 4</b>                                       |
| <b>Care Home</b>  | <b>Care Home</b>                                      |
| Westfield House Care Home, Lockerbie (Dumfries & Galloway)      | Graceland Nursing Home, Kilmarnock (Ayrshire & Arran) |
| Fleet Valley Care Home, Castle Douglas (Dumfries & Galloway)    | Hutton Park Care Home, Largs (Ayrshire & Arran)       |
| Bennachie View Care Home, Inverurie (Grampian)                  | Townend Care Home, Kilmarnock (Ayrshire & Arran)      |
| Victoria Gardens Care Home, Glasgow (Greater Glasgow and Clyde) | Grahamston House, Falkirk (Forth Valley)              |
| Larkfield View Care Home, Greenock (Greater Glasgow and Clyde)  | Spynie Care Home, Moray (Grampian)                    |
| Meadowburn Care Home (Greater Glasgow and Clyde)                | McKillop Gardens, East Kilbride (South Lanarkshire)   |
| Storyville House, Kirriemuir (Tayside)                          | Rosepark Care Home, Uddingston (North Lanarkshire)    |
| Falls of Dochart Retirement Home, Killin (Tayside)              |   |
| Edward Thomason & Taing Support Services, Lerwick (Shetland)    |   |

**Lead coach for each team**

| <b>Cohort 1</b>  | <b>Lead coach</b>  |
|--|--|
| <b>Care Home</b>                                       |  |
| Isobel Fraser Home, Inverness (Highland)               | Kay Newton, Improvement Advisor                                |
| Crannog Care Home, Glasgow (Greater Glasgow and Clyde) | Kay Newton, Improvement Advisor                                |
| Strachan House, Edinburgh (Lothian)                    | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |
| Tyneholm Stables, Pencaitland (Lothian)                | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |
| Aaron House, Penicuik (Lothian)                        | Innes Turner, Improvement Advisor                              |
| Cramond Residence (Lothian)                            | Innes Turner, Improvement Advisor                              |

| <b>Cohort 2</b>                                  | <b>Lead coach</b>  |
|--|--|
| <b>Care Home</b>                                 |  |
| Buccleuch Care Centre, Hawick (Borders)          | Kay Newton, Improvement Advisor                                |
| Auchtermairnie Care Home, Leven (Fife)           | Innes Turner, Improvement Advisor                              |
| Abbotsford Nursing Home, Methill (Fife)          | Innes Turner, Improvement Advisor                              |
| Leven Beach Care Home (Fife)                     | Innes Turner, Improvement Advisor                              |
| Persley Castle Nursing Home, Aberdeen (Grampian) | Kay Newton, Improvement Advisor                                |
| Ythanvale Care Home, Ellon (Grampian)            | Kay Newton, Improvement Advisor                                |
| Hamnavoe House, Stornoway (Orkney)               | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |
| Smiddybrae House, Dounby (Orkney)                | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |

| <b>Cohort 3</b>   | <b>Lead coach</b>  |
|---|--|
| <b>Care Home</b>  |  |
| Westfield House Care Home, Lockerbie (Dumfries & Galloway)      | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |
| Fleet Valley Care Home, Castle Douglas (Dumfries & Galloway)    | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |
| Bennachie View Care Home, Inverurie (Grampian)                  | Kay Newton, Improvement Advisor                                |
| Victoria Gardens Care Home, Glasgow (Greater Glasgow and Clyde) | Innes Turner, Improvement Advisor                              |
| Larkfield View Care Home, Glasgow (Greater Glasgow and Clyde)   | Innes Turner, Improvement Advisor                              |
| Meadowburn Care Home (Greater Glasgow and Clyde)                | Innes Turner, Improvement Advisor                              |
| Storyville House, Kirriemuir (Tayside)                          | Kay Newton, Improvement Advisor                                |
| Falls of Dochart Retirement Home, Killin (Tayside)              | Kay Newton, Improvement Advisor                                |
| Edward Thomason & Taing Support Services, Lerwick (Shetland)    | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |

| Cohort 4  | Lead coach   |
|---|--|
| Care Home   |  |
| Graceland Nursing Home, Kilmarnock (Ayrshire & Arran) | Innes  |
| Hutton Park Care Home, Largs (Ayrshire & Arran)       | Innes  |
| Townend Care Home, Kilmarnock (Ayrshire & Arran)      | Innes  |
| Grahamston House, Falkirk (Forth Valley)              | Kay Newton, Improvement Advisor                                |
| Spynie Care Home, Moray (Grampian)                    | Kay Newton, Improvement Advisor                                |
| McKillop Gardens, East Kilbride (South Lanarkshire)   | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |
| Rosepark Care Home, Uddingston (North Lanarkshire)    | Maureen Cossar, Senior Improvement Adviser (focus on dementia) |